

Enfield Youth Service Spring Happenings '06



Anger Management Groups

A six-week group that will focus on triggers to anger, differences between male vs. female triggers, violence in the media, music, and sports, physical responses to anger, how anger influences behavior, problems in relationships, low self-esteem, depression, risk of using substances, and stress and relaxation exercises. For adolescents, ages 14 -18. For information and referral, please contact Colin Daly at 253-8381 or cdaly@enfield.org.

Date: Thursdays - 4/27, 5/4, 5/11, 5/18, 5/25 and 6/1

Time: 4 p.m. - 5 p.m. @ Activity Center

Next one to start in July

Younger Anger Management Group

A six-week group for youth ages 8-11 years that explores anger, social relationships, self-esteem, and conflict resolution. For information and referral contact Colin Daly at 253-8381 or cdaly@enfield.org.

Date: Tuesdays, 3/28, 4/4, 4/11, 4/18, 4/25 and 5/2

Time: 4:30-5:30p.m. @ Activity Center

Anger Management Group @ JFK

A six-week group for J.F.K. youth that explores anger, social relationships, self-esteem, and conflict resolution. For information and referral contact Colin Daly at 253-8381 or cdaly@enfield.org.

Date: Tuesdays, 5/2, 5/9, 5/16, 5/23, 5/30 and June 6

Time: 2:45-4:00pm @ J.F.K.

Snack served, transportation home provided if needed.

Anger Management @ Alcorn and Barnard

A six-week group for youth @ Alcorn and Barnard Elementary Schools, which explores anger, social relationships, self-esteem, and conflict resolution. For information and referral contact Erika Kraselsky at 253-6382 or ekraselsky@enfield.org.

☼ **Alcorn School:** **Date:** Mondays, 4/3, 4/17, 4/24, 5/1, 5/8, & 5/15

Time: 3:30 p.m. - 4:30 p.m.

☼ **Barnard School:** **Date:** Thursdays, 4/6, 4/20, 4/27, 5/4, 5/11, & 5/18

Time: 3:30 p.m. - 4:30 p.m.

Social Skills I

A beginners six week group for youth ages 6 - 12 focusing on developing social skills, appropriate behavior, boundaries, and interpersonal skills. For referrals contact Erika Kraselsky 253-6382 or ekraselsky@enfield.org. **Date & Time:** TBA upon referrals

Safe Zone

A safe zone for lesbian, gay, bisexual, transgender, and intersex youth. A group that focuses on supporting youth, understanding diversity, creating a difference where everyone is welcome. Accepting referrals. Please contact Erika Kraselsky, MLI @ 253- 6382.

Strengthening Families Programs

A seven week program for parents and their youth ages 10 - 14. The program works to strengthen the relationship between parents and their children through fun and interactive discussions, games, and activities. Each week will begin with dinner, childcare, and positive youth development activities for older siblings. Ongoing parent and youth support and family activities will be held throughout the year for graduates. For more information and details and referrals, please contact Diana Thibideau @ 253-5020.

Serving Enfield - A Community Service Club

Youth giving back to their community! The Community Service Club provides community service to community organizations, programs, or events. This is an excellent avenue to connect youth to positive adults and give youth a positive experience of themselves.

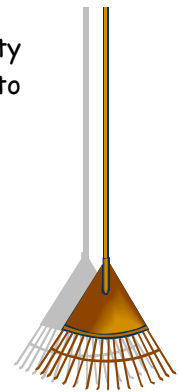
Community service at Alcorn: Thursday, April 6, 2006: 4:00-7:00pm

I like ME dinner @ JFK: Friday, April 28, 2006: 4:00-8:30pm

Cleaning up a Senior Citizens yard: Thursday, May 4, 2006, 4:00-7:00pm

Cleaning up outside the Activity Center: Friday, June 16, 2006 4:00-6:00pm

All youth will meet at the Angelo Lamagna Center and travel together to the community service event. For more info contact Colin Daly @ 253-6381 or cdaly@enfield.org.



PAWS - (Peers Are Wonderful Support)

A youth leadership program that is a select group of Junior and Senior High School youth. Selected youth will participate in a Spring Youth Conference with others from across the State of Connecticut as well as develop a youth leadership project. For more information contact Joann Kokosa @ 741-4024.

Police/Youth Advisory Board

The Police/Youth Advisory Board is looking for youth who would like to develop their leadership skills, build positive relationships with the police, plan and implement fun activities, and keep the police informed of youth related issues. The Police/Youth Advisory Board works with youth to empower them to make decisions, develop projects, and fundraising that directly impacts the programming and activities of Enfield Youth Services in collaboration with the Enfield Police Department. For more information, please contact Joann Kokosa @ 741-4024 or jkokosa@enfield.org. **Dates:** One Monday each month **Time:** 6 p.m. to 7 p.m.

Adventure Based Field Trips

On-going monthly positive youth development activities and field trips in partnership with the Enfield Police officers that are planned by the police/youth advisory board. For updated activities, field trip information, and registration, please contact Joann Kokosa @ 741-2024 or jkokosa@enfield.org.

Lights! Cameras! Action!



A six week girls group featuring Movies, Fun and Learning

Where: Activity Center

When: Thursday, April 20- May 25, 2006

Time: 4:00-5:00pm

It's my Choice: An educational program for adolescent girls

A non-judgmental, non-religious, interactive, safe environment for girls to explore, learn and grow.

Valuable lessons include:

- ✿ self respect
- ✿ goal setting
- ✿ refusal skills
- ✿ peer pressure
- ✿ communicating with parents
- ✿ decision making
- ✿ "sex can wait"
- ✿ healthy choices

Where: Activity Center

When: Tuesdays, April 18 - May 23, 2006

Time: 6:30-7:30pm

For more information please contact Joann Kokosa @ 741-4024

Counseling and Support Services

Enfield Youth Services will provide short-term supportive counseling to youth and families who are struggling with situational and/or age-related adjustments. A confidential intake appointment will be scheduled upon request. Enfield Youth Services also provides a confidential assessment with families to identify needed services and/or make appropriate referrals as indicated. Call 253-6380 for an appointment.

Silvana Scelfo will be seeing children @ Alcorn School on Wednesdays, by appointment.

COMMUNITY INFORMATION

Parent Support Group

Families United - Enfield. A parent support group for parents, grandparents, and caregivers. Families United is a statewide support and advocacy group, run by local parents, for families of children and youth with emotional, behavioral, or mental health needs. School age childcare is available. Angelo Lamagna Activity Center, 2nd Floor Group Room. - 1st Wednesday of every month

Dates: - April 5th, May 3 and June 7

Time: 6:00 p.m. to 7:30 p.m.

North Central Region Collaborative - System of Care

The North Central System is made up of a collaborative of caring and committed individuals, professionals, and parents who work to assist families of children and adolescents with severe emotional and behavioral challenges. The System of Care strives to enhance community services for children with behavioral health needs through collaboration. New members and visitors are always welcome. Parents especially encouraged to attend. Childcare will be provided. Angelo Lamagna Center

Dates: 1st Wednesday of every month - April 5, May 3 and June 7

Time: 9:30 a.m. to 11:00 a.m.

Enfield Community Partnership to Prevent Underage Drinking

The Enfield Community Partnership to Prevent Underage Drinking is comprised of individuals from the Enfield Police Department, School Department, Enfield Youth Services, several local church groups, mental health professionals, community leaders as well as concerned parents and youth. We are dedicated to reducing and preventing underage drinking in Enfield. This is accomplished through raising awareness, education parents and youth and enforcing underage drinking laws in our town. The partnership is funded through a grant from the State of Connecticut. Meetings are held the first Tuesday of every month at Enfield Youth services at 3:30 p.m. For more information please contact Joann Kokosa @ 741-4024 or jkokosa@enfield.org.

Young Parents Group:

for the pregnant and the parenting who are 25 years and younger

Come join us for discussions about parenting, activities, family resource, support, friendship, fun and relaxation

When: Tuesdays, starting April 18, 2006

Time: 3:30-5:00pm

Place: 2 School Street, Enfield

Contact: Kristen Winkle, 25305020 ext. 170

Babysitting and transportation provided

Greater Alliance of Enfield for Youth and Families

Is sponsoring an "I LIKE ME" artistic contest to promote positive self image and self esteem in youth. Community members will also be recognized for their commitment to positive youth development. All contestants must have parental permission. Individual and/or group submissions will be accepted for visual, performing or language arts. No hurtful words or images will be considered. Age categories are as follows: Pre-K, Grades 1-3, Grades 4 - 6, Grades 7-8, Grades 9 - 10, and Grades 11 -12. For more information, please contact Diana Thibadeau @ 253-5020 or Colin Daly @ 253-6381.

Celebration Dinner:

When: Friday, April 28, 2006

Time: 6:00pm

Where: J.F.K.

